

## THE TREE OF EAST AND WEST & THE SEVEN LOWER HEAVENS

A Workshop to research how study in the different esoteric Traditions can help our understanding and working with the Tree of Life and our ascent through its different levels. At the same time to see how the Tree can help us with our practise and research of other esoteric Schools and Traditions.

During the Workshop we will look specifically at the Seven Lower Heavens, their position on the Tree of Life, and their meaning and function. Exercises from the three methods of Action, Contemplation and Devotion will be drawn from the Eastern and Western Schools to aid the participants in their understanding, experience and ascent of the Seven Lower Heavens.

The Workshop will be with Andy Henry, who has studied Kaballah with Z'ev Ben Shimon Halevi and other Teachers for over ten years. He is a well established Teacher and Healer in the Eastern Traditions, running healing clinics and teaching groups in England, Spain and Portugal since 1990.

All are welcome and practitioners from all backgrounds and Traditions are invited to join.

**Date** : Saturday 3<sup>rd</sup> November **Time** : 10 am - 5 pm **Cost** : £40

**Venue** : Room T104, Regents College, Regents Park , Inner Circle, London NW1. Nearest Tube : Baker Street

**Enquiries to Andy Henry on 0207 794 6392**

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